

**HEALTH & WELLNESS
FIELD OF STUDY CURRICULUM**

Board Approval Date: July 2019
Effective Date: September 2020
Next Scheduled Revision: Summer 2024

The Health & Wellness Field of Study applies to all baccalaureate programs in the following CIP codes:

51.0001 Health & Wellness
51.2207 Public Health Education and Promotion

Health & Wellness Field of Study

Prefix & Number	Course Name	Semester Credit Hours
PHED 1304	Personal/Community Health	3
BIOL 1322 / HECO 1322*	Nutrition & Diet Therapy	3
Choose one of the following: I. PHED 1346 II. SOCI 2340	Drug Use & Abuse	3
PSYC 2301	General Psychology	3
I. BIOL 2401 II. A. BIOL 2301 B. BIOL 2101	Choose one of the following: I. Anatomy & Physiology I (lecture and lab) II. A. Anatomy & Physiology I (lecture) B. Anatomy & Physiology I (lab)	4

I. BIOL 2402 II. A. BIOL 2302 B. BIOL 2102	Choose one of the following: I. Anatomy & Physiology II (lecture and lab) II. A. Anatomy & Physiology II (lecture) B. Anatomy & Physiology II (lab)	4
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TOTAL: 20

*BIOL 1322 and HECO 1322 are cross-listed in the *Lower-Division Academic Course Guide Manual (ACGM)* and are interchangeable for purposes of the Field of Study.

Courses in the Field of Study must transfer at all Texas public institutions of higher education and must be applied to the student's degree program in Health & Wellness and related degree programs.